

# At Marion Primary School we encourage positive behaviour by:

- encouraging peer connection and respectful relationships through inclusive practices - Morning Circles, Buddy Program and PAL program (implemented by Pastoral Care Worker).
- supporting the development of social skills through explicit teaching and student small group participation in "What's the Buzz?".
- building and encouraging student resilience.
- children learning and demonstrating our School Values.

## Our School Values Courage-Integrity-Harmony



## Support People and Agencies

**Christian Pastoral Care Worker**  
available at the school.

**Leadership** - available at school.  
Phone (08) 8 277 2293

### Websites

**Kids Helpline**  
[www.kidshelp.com.au](http://www.kidshelp.com.au)  
1800 55 1800

**Beyond Blue**  
1300 22 46 36

**headspace**  
1800 650 890

**Cyber Bullying**  
[www.cybersmart.gov.au](http://www.cybersmart.gov.au)  
1800 880 176

**Bullying No Way website**  
[www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au)

**eSafetyCommissioner website**  
[www.esafety.gov.au](http://www.esafety.gov.au)

 **Marion Primary School**  
Malcolm Avenue  
Marion SA 5043  
Telephone (08) 8277 2293

# Marion Primary School



## Say No to Bullying Action Plan



Government of South Australia  
Department for Education

# What is Bullying?

“Bullying is an ongoing and deliberate misuse of power in relationships through repeated verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm.”

National Definition of Bullying  
Education Council (2018)

The perpetrators can be an individual or a group of people. Bullying can be obvious (overt) or hidden (covert).

Bullying can take many forms:

### **Exclusion**

Leaving someone out on purpose.

### **Lies or Rumours**

Spreading lies or untrue stories about someone to make other students not like them.

Verbal abuse or teasing - making fun of someone in a mean or hurtful way.

### **Physical Abuse**

Kicking, pushing or hurting someone.

### **Threatening**

Verbal threats to make someone frightened.

### **Cyber Bullying**

Sending threatening or abusive messages via email, SMS or via the internet.

***Bullying is never okay!***



# Why do people bully?

**People bully because:**

- they get a reaction.
- they enjoy the power of frightening someone.
- they want to look tough or strong.
- they have seen it work for others.
- they are jealous of others.
- they want to be popular and admired.
- they want to get what they want.
- they have been bullied themselves.
- personal events and how they have been treated in the past.

# The Role of the Bystander

If you see someone being bullied, you are a bystander. Bystanders should seek help and report the bullying.

**If you see bullying or are being bullied, tell someone.**

- Report bullying to a teacher immediately. Help the victim to report the bullying.
- Be persistent. If you don't get the help you need, tell another trusted adult.
- Tell a trusted adult at home and ask them to help you report the bullying.
- If you're too afraid to talk with someone, write down the information and give it to a trusted adult.

# If your child talks to you about Bullying...

1. Listen calmly to the full story.
2. Reassure your child.
3. Ask your child what they want to do about it and how you can help.
4. Contact the school if required.
5. Visit appropriate websites (see back of pamphlet).
6. Check in regularly with your child.

# How we manage bullying at school

**Each individual case of bullying is dealt with individually and consequences are appropriate to the**

- frequency.
- severity.
- age of the students involved.

**Consequences/follow up may include one or more of the following:**

- Restorative conversation
- Counselling
- Parent/Caregiver meeting/s
- Office Time Out
- Take Home
- Suspension

Parents will be notified by their child's class teacher and/or leadership if we believe their child has been involved in bullying.